

Good News

And give good news to those who do good (to others)

–Holy Quran 22:37

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2021 - A Time to Turn to Almighty GOD, Possessor of the Heavens and the Earth.

(From Lessons learnt in 2020 there is no longer doubt that restoring complete faith in God and taking full responsibility for the well-being of Mother Earth and all its Inhabitants should be a priority)

Ebrahim Mohamed

‘And those who **believe and do good**. We shall **certainly do away with their afflictions** and reward them for the best of what they did.’

– 29:7

Faith in Almighty God

The great 20th Century religious Reformer, Hazrat Mirza Ghulam

Ahmad wrote these words a century ago:

‘Most unfortunate is the person who is unaware that humanity has a God who has power over all things. Our heaven and our sublime pleasures are in our God. I say this because I have seen Him and witnessed every kind of transcendent beauty in Him. (NOTE: When righteous servants of God say they have seen God it does not mean they see Him with the physical eye; but it merely serves as a means of expressing their closeness with the Almighty - Ed).

Almighty God is a treasure worth seeking even if you have to perish in such a quest. Almighty God is the gem worth finding, even if you have to lose your very existence in the

endeavour. O deprived people, hasten to this flowing stream so your thirst may be quenched. This is the stream of life that will save you. I yearn to make known these glad tidings to the world. What kind of commotion can I make to herald to seekers that they have a God? How can I attune their ears to listen to my earnest pleas? Indeed, if you devote yourself truly to Almighty God, know that God is yours truly. While you sleep, God will keep watch over you. You will be unaware of your enemy, but God will recognize and foil his evil designs over you.'

(Extracts taken from *Kishti Nuh - Noah's Ark* pages 27 – 30)

What Has 2020 Taught Us?

(Some wise words from Raageshwari Mindfulness Coach – UK - to reflect on as we enter the year 2021)

'Well 2020 is a year that we will never forget; but to hate it and wish it away would also mean that we're letting go of this great opportunity ...to learn some of the most crucial lessons 2020 has taught.

All of us, and some more than us, have learnt *patience, empathy minimalism* – like, really we don't really need so much. We have survived challenges. We have thrived; we have adapted like never before; and some of us have healed from personal tragedies, me included. These are the great lessons; these are the great teachers. Life will suddenly not change on the 1st of January. Our problems and our tragedies will not go away just because the date has changed...Life changes only when our mindsets change and the quickest way to change our mindsets is to stop saying 'I hate 2020' and replace it with 'Hey I learnt a lot of wonderful lessons in 2020 and I have truly grown...' –Unquote



STOP THE CORRUPTION

The Mighty Pacific is in Peril!

(Courtesy: *The Conversation.com* –
Ctrl + click on link below to see the
full article)¹

‘The Pacific Ocean is the deepest, largest ocean on Earth, covering about a third of the globe’s surface. An ocean that vast may seem invincible. Yet across its reach – from Antarctica in the south to the Arctic in the north, and from Asia to Australia to the Americas – the Pacific Ocean’s delicate ecology is under threat. In most cases human activity is to blame. We have systematically pillaged the Pacific of fish. We have used it as a rubbish tip

¹ *It might be the world's biggest ocean, but the mighty Pacific is in peril (theconversation.com)*

– garbage has been found even in the deepest point on Earth, in the Mariana Trench 11,000 metres below sea level. And as we pump carbon dioxide into the atmosphere, the Pacific, like other oceans, is becoming more acidic. It means fish are losing their sense of sight and smell, and sea organisms are struggling to build their shells.

Oceans produce most of the oxygen we breathe. They regulate the weather, provide food, and give an income to millions of people. They are places of fun and recreation, solace and spiritual connection. So, healthy, vibrant oceans benefit us all. And by better understanding the threats to the precious Pacific, we can start the long road to protecting it...Now, plastic debris is found in all major marine habitats around the world, in sizes ranging from nanometers to meters. A small portion of this accumulates into giant floating “garbage patches”, and the Pacific Ocean is famously home to the largest of them all...

Wildlife killer

Plastic debris in the oceans presents innumerable hazards for marine life. Animals can get tangled in debris such as discarded fishing nets, causing them to be injured or drown. Some organisms, such as microscopic algae and invertebrates, can also hitch a ride on floating debris, travelling large distances across the oceans. This means they can be dispersed out of their natural range, and can colonise other regions as invasive species. And of course, wildlife can be badly harmed by ingesting debris, such as microplastics less than five millimetres in size. This plastic can obstruct an animal's mouth or accumulate in its stomach. Often, the animal dies a slow, painful death. Seabirds, in particular, often mistake floating plastics for food...

A Scourge on Small Island Nations

Plastic is extremely durable, and can float vast distances across the ocean. In 2011, 5 million tonnes of debris entered the Pacific during the Japan

tsunami. Some crossed the entire ocean basin, ending up on North American coastlines...

Each year, up to 15 million tonnes of plastic waste are estimated to make their way into the ocean from coastlines and rivers. This amount is expected to double by 2025 as plastic production continues to increase.

We must act urgently to stem the flow. This includes developing plans to collect and remove the plastics and, vitally, stop producing so much in the first place.'

Editor's comment: The Holy Quran draws our attention to this dilemma in the following verse:

'Corruption has appeared in the land and the sea on account of that which men's hands have wrought, that He may make them taste a part of that which they have done, so that they may return.' – (30:41)

It is our plea that every individual play a role in reducing the pollution of our '**mother earth**'. A good place

to start is **in the home**. Every parent should make it a rule to reduce the use of plastics and to recycle all plastics to ensure it doesn't end up in our rivers and oceans. With this pandemic we have already tasted the horrible consequences of our negligence as promised in the verse quoted. Perhaps, now, finally, man 'may return' to sanity and take on the responsibility of stewardship of our planet and do away with all forms of corruption or face perpetual strife!



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